

HANDS + NAILS



STEP 1 PROFOUND PURIFIER

Clean + Prep

Think hand sanitizer for all your digits! But even better, it's plant-based! Sweat, dirt collect on your fingernails and toenails during training. PROFOUND helps clean away the grime, reduces microbes and reduces illness-causing germs! 🤔

KEY INGREDIENTS: Witch Hazel + Cucumber + Safflower
WHEN: After practice!
HOW: Just spray it on hands, feet + nails.



STEP 2 CHOOSE YOUR CLEAR

HEALING HYDRATION

A clear-coat treatment to hydrate dry, splitting+ peeling nails weak from hard training or, worse, gel mani/pedis. 😬

KEY INGREDIENTS: Pentavitin—the moisture magnet!
WHEN + HOW: Apply as a clear treatment/basecoat. Keep it on for 3–5 days. Use it for 2–3 weeks.



OR MODEST MATTE

Hate the idea of NAIL polish? We've got an invisible treatment! Goes on clear + dries with a natural matte finish. 💪

KEY INGREDIENTS: Bamboo Extract—helps fortify weak nails.
WHEN: When your nails need to heal, without the shine.
HOW: Wear alone on bare nails, or apply over polish to make the color look matte.



STEP 3 Anti-Fungal CARESS CUTICLE OIL

Sweat, pools + locker rooms mean athletes always face the possibility of nail fungus! This can help! 🤔

KEY INGREDIENTS: Undecylenic Acid—an effective antifungal!
WHEN: Daily / before bed.
HOW: Drop onto cuticles + massage in. Follow label directions.

FEET + BODY



STEP 1 FOUNDATIONAL FOOT SCRUB

For cruddy, sweaty, tired, dry feet!

A restorative foot scrub with mineral-rich Dead Sea salt to help refresh feet after long practices and (too much) time spent in socks and shoes. Grapefruit peel oil + shea butter help eliminate bacteria, lock in moisture, and help with circulation. 🦶

KEY INGREDIENTS: Dead Sea Salt + Grapefruit Peel Oil + Shea Butter
WHEN + HOW: Keep it in the shower! Massage onto wet feet + rinse. Use it a few times a week. It's cooling and feels amazing!



STEP 2 FEARLESS FOOT FINISHER

For Dry + Stinky + Itchy Feet
(think Athlete's Foot) 🤔

Hours in sneakers and training shoes can leave feet tired, smelly, and sometimes a little itchy. Like a deodorant for your feet, cooling peppermint + eucalyptus and tea tree oil help soothe and treat heels and arches and even prevent Athlete's Foot.

KEY INGREDIENTS: Peppermint + Eucalyptus + Tea Tree Oil + Freshstat™
WHEN: After practice or a long day in training shoes.
HOW: Just roll onto clean, DRY heels, soles + arches. Leave it on.



STEP 3 LIMITLESS LOTION

For Tired, Tight Muscles

Athletes battle tired muscles on the daily! 🤔 Shoulders, calves, quads—this is for your body, too. This triple blend is money: Magnesium + Arnica + CBD. Make it part of your post-training massage routine.

WHEN: After practice, workouts or games.
HOW: Massage into sore, achy, tight areas, following label directions.



STEP 4 POWERHOUSE POWDER

For Sweaty Feet + Odor

Not "just a powder"—it's plant-based perfection. It's cooling and helps stave off sweat. White charcoal + cornstarch keep skin drier and less prone to friction, irritation, maceration and fungal flare-ups. 💧

KEY INGREDIENTS: Talc-free moisture + odor, friction control
WHEN: Before practice or whenever your feet get sweaty.
HOW: Apply lightly to clean, dry feet + between toes, or just sprinkle into socks and shoes.